

# Pray '21 Guide

# PRAY 2021

Praying Together

**21**  
DAYS OF  
PRAYER

# Pray '21

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We have set our hearts to be a people of prayer. We seek to “Pray First.” In every situation, whether good or bad, we try to pray before we act - prayer should be our first response, not our last resort.

Prayer moves God’s hand. He has commanded us to pray. It is a privilege to pray. It is also a discipline and we hope these resources ignite your heart and equip you to pray. Thank you for joining us on this journey - let’s dream together of what God might do in and through a praying church. Let’s pray - when we gather, and when we scatter. When we are hurting and when life is great. When we have 30 minutes and when we have 30 seconds. When we are at work, home, church or on the streets.

[redeemerchurchcolchester.org/pray21](https://redeemerchurchcolchester.org/pray21)

# Helpful Tips

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*Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed (Mark 1:35)*

## **A CERTAIN TIME**

Jesus got up very early in the morning to spend time with His Heavenly Father. In order for prayer to work, we should do the same. Make a daily appointment with God and keep it.

## **A CERTAIN PLACE**

Jesus had a prayer place. Your prayer place needs to be an undistracted environment where you can pray out loud and perhaps have some worship music playing in the background.

## **A CERTAIN PLAN**

Go into your prayer time with a plan. If it changes that's fine. When Jesus taught His disciples how to pray, He gave His disciples a prayer outline. We call it the Lord's Prayer.

# **Week 1**

**w/c Monday 11th Jan**

**21**  
**DAYS OF**  
**PRAYER**

**Week Focus // Privilege & Priority**

**DAY 1 FOCUS // PRIVILEGE**

No longer do I call you servants, for the servant does not know what his master is doing; but I have called you friends, for all that I have heard from my Father I have made known to you.

John 15:15 ESV

**SONG - What a friend we have in Jesus**

"What a friend we have in Jesus, All our sins and griefs to bear!  
What a privilege to carry Everything to God in prayer. O what  
peace we often forfeit, O what needless pain we bear - All  
because we do not carry Everything to God in prayer!"

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**Week Focus // Privilege & Priority**

**DAY 2 FOCUS // ACCESS**

Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. Hebrews 4:16 ESV

**QUOTE // John Bunyan**

Prayer is "a sincere, sensible, affectionate pouring out of the heart or soul to God, through Christ, in the strength and assistance of the Spirit, for such things as God has promised, or according to his Word, for the good of the church, with submission in faith to the will of God"

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**Week Focus // Privilege & Priority**

**DAY 3 FOCUS // PRESENCE**

And he said, "My presence will go with you, and I will give you rest. Exodus 33:14

**QUOTE // AW Tozer**

"Nothing in or of this world measures up to the simple pleasure of experiencing the presence of God."



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**Week Focus // Privilege & Priority**

**DAY 4 FOCUS // PRIORITY**

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

1 Thessalonians 5:16-18

**QUOTE // Oswald Chambers**

"We tend to use prayer as a last resort, but God wants it to be our first line of defense. We pray when there's nothing else we can do, but God wants us to pray before we do anything at all."

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## **Week Focus // Privilege & Priority**

### **DAY 5 FOCUS // CHANGE**

“Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. Matthew 7:7 ESV

### **QUOTE // Melvin Tinkler**

One of the most wonderful mysteries in the universe is that prayer changes things. God has so arranged his world that we have the ability to make significant choices, some good and some bad, which affect the course of history. One means God has given us to do this is prayer—asking him to act. Because he is all-wise and all-powerful, knowing “the end from the beginning” (Isa. 46:10), he’s able to weave our requests into his eternally good purposes.

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**Week Focus // Privilege & Priority**

**DAY 6&7 // REVISIT**

Privilege --> John 15:15

Access --> Hebrews 4:16

Presence --> Exodus 33:14

Priority --> 1 Thessalonians 5:16-18

Change --> Matthew 7:7

# **Week 2**

**w/c Monday 18th Jan**

## 21 DAYS OF PRAYER

### Week Focus // Purpose & Power

#### DAY 1 FOCUS // PURPOSE

For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn among many brothers. And those whom he predestined he also called, and those whom he called he also justified, and those whom he justified he also glorified. Romans 8v29-30 ESV

#### CONSIDER - Jesus prayed regularly

If God's purpose for us is 'to be conformed to the image of his Son' (Romans 8v29) then dwelling on what Christ did is vital. Consider these verses; Matthew 14:23 // Matthew 26:36 // Mark 1:35 // Luke 5:16 // Luke 6:12 // Luke 18:1

## 21 DAYS OF PRAYER

### Week Focus // Purpose & Power

#### DAY 2 FOCUS // OBEDIENCE

Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4v6-7 ESV

#### QUOTE // Adrian Warnock

Prayer is not merely an invitation it is a command. Jesus does not merely suggest a way of life to us. He commands us to learn to really follow him. But his commands are not burdensome.

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**Week Focus // Purpose & Power**

**DAY 3 FOCUS // FASTING**

“But when you fast, anoint your head and wash your face, that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.

Matthew 6:16-18 ESV

**QUOTE // Andrew Murray**

Prayer is reaching out after the unseen; fasting is letting go of all that is seen and temporal. Fasting helps express, deepen, confirm the resolution that we are ready to sacrifice anything, even ourselves to attain what we seek for the kingdom of God.

## 21 DAYS OF PRAYER

### Week Focus // Purpose & Power

#### DAY 4 FOCUS // POWER

The prayer of a righteous person has great power as it is working. Elijah was a man with a nature like ours, and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. James 5v16-17 ESV

#### QUOTE // Charles Surgeon

Oh! yes, (the prayer meeting) is the place to meet with the Holy Ghost, and this is the way to get His mighty power. If we would have Him, we must meet in greater numbers; we must pray with greater fervency, we must watch with greater earnestness, and believe with firmer steadfastness. The prayer meeting...is the appointed place for the reception of power.



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**Week Focus // Purpose & Power**

**DAY 5 FOCUS // THE HOLY SPIRIT**

Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words. And he who searches hearts knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

Romans 8v26-27 ESV

**QUOTE // Charles Spurgeon**

Prayer is an art which only the Spirit can teach us. He is the giver of all prayer.

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**Week Focus // Purpose & Power**

**DAY 6&7 // REVISIT**

Purpose --> Romans 8v26-27

Obedience --> Philippians 4v6-7

Fasting --> Matthew 6:16-18

Power --> James 5v16-17

The Holy Spirit --> Romans 8v26-27

# **Week 3**

**w/c Monday 25th Jan**

**21**  
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**Week Focus // Petitioning & Pursuit**

**DAY 1 FOCUS // PETITIONING**

“Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened.

Matthew 7:7-10 ESV

**DEFINITION**

~ present a petition to (an authority) in respect of a particular cause

## 21 DAYS OF PRAYER

### Week Focus // Petitioning & Pursuit

#### DAY 2 FOCUS // CONFIDENCE

Or which one of you, if his son asks him for bread, will give him a stone? Or if he asks for a fish, will give him a serpent? If you then, who are evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask him! Matthew 7:9-10 ESV

#### QUOTE // AW Pink

Prayer is not appointed for the furnishing of God with the knowledge of what we need, but it is designed as a confession to Him of our sense of the need. In this, as in everything, God's thoughts are not as ours. God requires that His gifts should be sought for. He designs to be honoured by our asking, just as He is to be thanked by us after He has bestowed His blessing.

## 21 DAYS OF PRAYER

### Week Focus // Petitioning & Pursuit

#### DAY 3 FOCUS // PURSUIT

O God, you are my God; earnestly I seek you; my soul thirsts for you; my flesh faints for you, as in a dry and weary land where there is no water. Psalm 63:1 ESV

#### PRAYER // AW Tozer

O God, I have tasted Thy goodness, and it has both satisfied me and made me thirsty for more. I am painfully conscious of my need of further grace. I am ashamed of my lack of desire. O God, the Triune God, I want to want Thee; I long to be filled with longing; I thirst to be made more thirsty still. Show me Thy glory, I pray Thee, that so I may know Thee indeed. Begin in mercy a new work of love within me. In Jesus' name, Amen.

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**Week Focus // Petitioning & Pursuit**

**DAY 4 FOCUS // DEPENDENCY**

Out of my distress I called on the Lord; the Lord answered me and set me free.

Psalm 118:5 ESV

**QUOTE // AW Pink**

Prayer is not so much an act as it is an attitude - an attitude of dependency, dependency upon God.

## 21 DAYS OF PRAYER

### Week Focus // Petitioning & Pursuit

#### DAY 5 FOCUS // YEARNING

Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Restore to me the joy of your salvation and grant me a willing spirit, to sustain me." Psalm 51:10-12 NIV

#### QUOTE // AW Pink

Real prayer is communion with God, so that there will be common thoughts between His mind and ours. What is needed is for Him to fill our hearts with His thoughts, and then His desires will become our desires flowing back to Him.



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**Week Focus // Petitioning & Pursuit**

**DAY 6&7 // REVISIT**

Petitioning --> Matthew 7:7-10

Confidence --> Matthew 7:9-10

Pursuit --> Psalm 63:1

Dependency --> Psalm 118:5

Yearning --> Psalm 51:10-12