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| **LIFE GROUP NOTES****Judges #1 / Ch 1-2****Break The Cycle** |  |

Start with open ended question moving to more specific responses before focusing on a Next Step. Encouraging everyone to be a ‘doer’ of the Word.

1. **What struck you about the preach?**
* An open-ended question / pick up themes and use the further questions selectively
1. **What would a graph of your spiritual life look like?**
* You could get people to draw an actual graph and share it
* You’ll probably notice none are a flat line upwards! Some might be more so, but they’ll have all ups and downs
1. **What are the areas you keep struggling/falling in?**
* Be sensitive and wise how you set up groups for this – it may be better to pair up
* Get people to decide on AN ACTION (Confession, asking for help, memorising scripture etc)
1. **How is your ‘yada/knowing’ of Jesus? How would you describe your relationships with Him?**
* I know OF Him
* I am AWARE of Him
* I ENCOUNTER Him regularly
1. **Would you say the ‘love of God is shed abroad in your heart? (Romans 5:5)**
* Who would say they have been baptised by the Holy Spirit?
* What does that mean to them?
* Pray for each other to be filled with the power of the Holy Spirit
* Get help if you need some guidance on this

\*See ‘Handout’ on website for a summary of the preach