

# **PRAY 2022**

Praying Together

**21**

**DAYS OF  
PRAYER**

# Pray '22

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We have set our hearts to be a people of prayer. We seek to “Pray First.” In every situation, whether good or bad, we try to pray before we act - prayer should be our first response, not our last resort.

Prayer moves God’s hand. He has commanded us to pray. It is a privilege to pray. It is also a discipline and we hope these resources ignite your heart and equip you to pray. Thank you for joining us on this journey - let’s dream together of what God might do in and through a praying church. Let’s pray – when we gather, and when we scatter. When we are hurting and when life is great. When we have 30 minutes and when we have 30 seconds. When we are at work, home, church or on the streets.

[redeemerchurchcolchester.org/pray](https://redeemerchurchcolchester.org/pray)

# Helpful Tips

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*Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed (Mark 1:35)*

## **A CERTAIN TIME**

Jesus got up very early in the morning to spend time with His Heavenly Father. In order for prayer to work, we should do the same. Make a daily appointment with God and keep it.

## **A CERTAIN PLACE**

Jesus had a prayer place. Your prayer place needs to be an undistracted environment where you can pray out loud and perhaps have some worship music playing in the background.

## **A CERTAIN PLAN**

Go into your prayer time with a plan. If it changes that's fine. When Jesus taught His disciples how to pray, He gave His disciples a prayer outline. We call it the Lord's Prayer.

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# **Week 1**

**w/c Monday 10th Jan**

# Week 1 // Day 1

**21**  
**DAYS OF**  
**PRAYER**

## **WEEK FOCUS**

Dependence & Need

### **DAY 1 FOCUS // SUBMIT**

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.

Proverbs 3:5-6

# Week 1 // Day 2

**21**  
**DAYS OF**  
**PRAYER**

## **WEEK FOCUS** Dependence & Need

### **DAY 2 FOCUS // ABIDE**

I am the vine; you are the branches. If you remain (abide) in me and I in you, you will bear much fruit; apart from me you can do nothing. John 15:5

# Week 1 // Day 3

**21**  
**DAYS OF**  
**PRAYER**

## **WEEK FOCUS** Dependence & Need

### **DAY 3 FOCUS // NEED**

Unless the Lord builds the house, the  
builders labor in vain. Unless the Lord  
watches over the city, the guards stand  
watch in vain. Psalm 127:1

# Week 1 // Day 4

**21**  
**DAYS OF**  
**PRAYER**

## **WEEK FOCUS** Dependence & Need

### **DAY 4 FOCUS // HELPLESS**

Restore us, Lord God Almighty; make  
your face shine on us, that we may be  
saved. Psalm 80:19



# Week 1 // Day 5

**21**  
**DAYS OF**  
**PRAYER**

## WEEK FOCUS

Dependence & Need

### DAY 5 FOCUS // COMMUNITY

For just as each of us has one body with many members, and these members do not all have the same function, so in Christ we, though many, form one body, and each member belongs to all the others. Romans 12:4-5

# Week 1 // Day 6&7

**21**  
**DAYS OF**  
**PRAYER**

## **WEEK FOCUS** Dependence & Need

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### **DAY 6&7 // REVISIT**

Submit --> Proverbs 3:5-6

Abide --> John 15:5

Need --> Psalm 127:1

Helpless --> Psalm 80:19

Community --> Romans 12:4-5

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# **Week 2**

**w/c Monday 17th Jan**

# Week 2 // Day 1

**21**  
**DAYS OF**  
**PRAYER**

## **WEEK FOCUS** Petition & Perseverance

present a petition to (an authority) in respect of a particular cause



### **DAY 1 FOCUS // PETITION**

“Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened. Matthew 7:7-9 ESV

# Week 2 // Day 2

**21**  
**DAYS OF**  
**PRAYER**

## **WEEK FOCUS** **Petition & Perseverance**

### **DAY 2 FOCUS // CONFIDENCE**

Or which one of you, if his son asks him for bread, will give him a stone? Or if he asks for a fish, will give him a serpent?

If you then, who are evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask him!

Matthew 7:9-10 ESV

# Week 2 // Day 3

**21**  
**DAYS OF**  
**PRAYER**

## **WEEK FOCUS** Petition & Perseverance

### **DAY 3 FOCUS // HIM**

O God, you are my God; earnestly I seek you; my soul thirsts for you; my flesh faints for you, as in a dry and weary land where there is no water.

Psalm 63:1 ESV

# Week 2 // Day 4

**21**  
**DAYS OF**  
**PRAYER**

## **WEEK FOCUS** **Petition & Perseverance**

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### **DAY 4 FOCUS // OBEDIENCE**

Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4v6-7

ESV

# Week 2 // Day 5

**21**  
**DAYS OF**  
**PRAYER**

## **WEEK FOCUS** Petition & Perseverance

### **DAY 5 FOCUS // DISTRESS**

Out of my distress I called on the Lord; the Lord answered me and set me free. Psalm 118:5 ESV



# Week 2 // Day 6&7

**21**  
**DAYS OF**  
**PRAYER**

## **WEEK FOCUS** Petition & Perseverance

### **DAY 6&7 // REVISIT**

Petition --> Matthew 7:7-9

Confidence --> Matthew 7:9-10

Him --> Psalm 63:1

Obedience --> Philippians 4:6-7

Distress --> Psalm 118:5

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# **Week 3**

**w/c Monday 24th Jan**

# Week 3 // Day 1

**21**  
**DAYS OF**  
**PRAYER**

## **WEEK FOCUS** Trust & Anticipation

### **DAY 1 FOCUS // TRUST**

But blessed is the one who trusts in the Lord, whose confidence is in him. They will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit.

Jeremiah 17:7-8

# Week 3 // Day 2

**21**  
**DAYS OF**  
**PRAYER**

## **WEEK FOCUS** **Trust & Anticipation**

### **DAY 2 FOCUS // ANTICIPATION**

Let the morning bring me word of your unfailing love, for I have put my trust in you. Show me the way I should go, for to you I entrust my life. Psalm 143:8

# Week 3 // Day 3

**21**  
**DAYS OF**  
**PRAYER**

## **WEEK FOCUS** Trust & Anticipation

### **DAY 3 FOCUS // UNSHAKEABLE**

And all these, though commended through their faith, did not receive what was promised, since God had provided something better for us, that apart from us they should not be made perfect. Hebrews 11:39-40

# Week 3 // Day 4

**21**  
**DAYS OF**  
**PRAYER**

## **WEEK FOCUS** **Trust & Anticipation**

### **DAY 4 FOCUS // FULLY CONVINCED**

He did not weaken in faith when he considered his own body, which was as good as dead (since he was about a hundred years old), or when he considered the barrenness of Sarah's womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, fully convinced that God was able to do what he had promised.

Hebrews 4:19-21

# Week 3 // Day 5

**21**  
**DAYS OF**  
**PRAYER**

## **WEEK FOCUS** Trust & Anticipation

### **DAY 5 FOCUS // UNSWERVING**

Let us hold unswervingly to the hope we profess, for he who promised is faithful. Hebrews 10:23

# Week 3 // Day 6&7

**21**  
**DAYS OF**  
**PRAYER**

## Week Focus Trust & Anticipation

### **DAY 6&7 // REVISIT**

Trust --> Jeremiah 17:7-8

Anticipation --> Psalm 143:8

Unshakeable --> Hebrews 11:39-40

Fully Convinced--> Hebrews 4:19-21

Unswerving --> Hebrews 10:23