

Key Truth/Principle

'What comes into our minds when we think about God is the most important thing about us.. Were we to extract from any man a complete answer to the question, 'What comes into your mind when you think about God?' we might predict with certainty the spiritual future of that man (AW Tozer)

Key Verse(s) Hebrews 12:22-29 / Isaiah 6:1-8 / Exodus 33:18-23

Key Point(s)God is Weighty & Wonderful – focus on both

THE INCOMMUNICABLE ATTRIBUTES OF GOD INFINITY INCOMPREHENSIBILITY SELF-EXISTENCE SELF-SUFFICIENCY ETERNALITY IMMUTABILITY OMNIPRESENCE OMNISCIENCE OMNIPOTENCE

GROUP HINTS

- WORSHIP: Deliberately choose songs (if you're singing/listening there are other ways to do worship!) that are ABOUT GOD, and WHO HE IS. You may want to use the song sung on Sunday if they are helpful.
- COMMUNION: Communion would be a great way to finish things (or during) as it focuses us on the WEIGHT & WONDER of God! Hebrews 12 can be a great weekly passage to dip into
- WORD: Start by reading these scriptures and getting everyone to STOP and BE STILL, and think about God as the verses are read (closing eyes might help). Encourage everyone to 'gather their scattered senses' to think on God.

Isaiah 6:1-8 ESV¹ In the year that King Uzziah died I saw the Lord sitting upon a throne, high and lifted up; and the train of his robe filled the temple. ² Above him stood the seraphim. Each had six wings: with two he covered his face, and with two he covered his feet, and with two he flew. ³ And one called to another and said: "Holy, holy, holy is the Lord of hosts; the whole earth is full of his glory!"⁴ And the foundations of the thresholds shook at the voice of him who called, and the house was filled with smoke... ⁵ And I said: "Woe is me! For I am lost; for I am a man of unclean lips, and I dwell in the midst of a people of unclean lips; for my eyes have seen the King, the Lord of hosts!" ⁶ Then one of the seraphim flew to me, having in his hand a burning coal that he had taken with tongs from the altar. ⁷ And he touched my mouth and said: "Behold, this has touched your lips; your guilt is taken away, and your sin atoned for." ⁸ And I heard the voice of the Lord saying, "Whom shall I send, and who will go for us?" Then I said, "Here am I! Send me."

Hebrews 12:22-29 ESV ²² <u>But you have come to</u> Mount Zion and to the city of the living God, the heavenly Jerusalem...and to God, <u>the judge of all</u>, and to the spirits of the righteous made perfect, ²⁴ and <u>to Jesus, the mediator of a new covenant</u>, and to the sprinkled blood that speaks a better word than the blood of Abel... ²⁵ See <u>that you do not refuse him who is speaking</u>. For if they did not escape when they refused him who warned them on earth, much less will we escape if we reject him who warns from heaven. ²⁸ Therefore let us be grateful for receiving a kingdom that cannot be shaken, and thus let us offer to God acceptable worship, with reverence and <u>awe</u>, ²⁹ for our God is a consuming fire.

KEY QUESTIONS

1) Weighty & Wonderful: Would you say your view of God tends to more the 'weighty' or the 'wonderful' spectrum?

> What has influenced this 'bias'? (e.g. culture, parents, church, worship songs))

2) Both/And: How can we keep hold of BOTH – the weightiness and wonderfulness of God?

i.e. keep our joy and freedom but not 'downgrading' God?

- > What scriptures, songs and habits can help us?
- > Habits: Silence, Confession, Imagination

3) How can you practically, think about God more regularly?

- Routine: Meal times, wake up, going to bed? (e.g. a verse when you wake up to fix your thoughts, kneeling when going to bed, prayer and pause at meal times)
- Scripture memory: Weekly/situation al verses (e.g. at work if tough verses on God being sovereign. In suffering verses on trusting God..)
- Group texts: scriptures/truths/reminders (possibly delegating each week to someone to stir thoughts, or a day to each member)