**Key Truth/Principle:** Jesus fills up with peace

**Key Verse(s):** *…John 20:19-29*

**Suggested format:** Social time/ice-breaker, Word, worship with communion and prayer

**Key Point(s)**

* The disciples were ‘locked up in fear’
* Jesus breaks through and brings his peace
* Searching is invited – look for evidence in Jesus follower

**\*\* TOP TIPS \*\***

**Remember people are indwelt with the spirit – expect them to have something to bring – most just need permission and clarity, and yearn for depth.**

* **WELCOME:** Have fun, involve everyone, keep it moving
* **WORSHIP:** Deliberately LEAD people into stepping out – most people appreciate specific guidance and feel released to know how to participate (e.g. let’s read a Psalm together and use the words to help us worship, let’s listen to this song, let’s sing now, let’s have a time of prophecy and hearing from God, if you feel you want to start a song please do). Encourage gifts!
* **PRAYER:** Weave into all you do, respond to things as they come up and help people by being specific (e.g. let’s all go round and pray shorts prayers thanking God for a particular characteristic
* **WORD**: Some folks would not have been there on Sunday – don’t; worry too much about recapping, just dive into questions. Splitting people into pairs/small groups with specific question and a time frame usually brings out the best discussion and involvement of everyone.

**KEY QUESTIONS**

1. Are you/do you know anyone who is ‘locked up’ in fear? How does it affect your/their life?
2. What are the hidden/’small’ ways fear robs us? E.g. Opinion of others
3. What do you fear?
4. How do you find ‘peace in Jesus’ despite ‘troubles around you’? What does this look like daily?